



SARANAC CENTRAL SCHOOL DISTRICT

PreK-12 Comprehensive School Counseling Program



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SARANAC CENTRAL SCHOOL DISTRICT

PreK-12 Comprehensive School Counseling Program

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SARANAC CENTRAL SCHOOL DISTRICT

PreK-12 Comprehensive School Counseling Program

1. School Counselors and Assignments

- Marie Denis – Morrisonville Elementary School
- Mary LoTempio – Saranac Elementary
- Amanda Carter – Saranac Middle School
- Katie Remillard – Saranac Middle School
- Alison Rosenbaum – Saranac High School
- Nicole Sproule – Saranac High School

2. School Counseling Department Vision and Mission Statements

- **Vision Statement**

Through the implementation of a data driven comprehensive school counseling program, the student population of the Saranac School District will be appropriately challenged and supported throughout their school career to maximize their potential. Students will leave with a sense of purpose, strong character, and the hope of future success.

- **Mission Statement**

Our mission as school counselors is to provide a data driven, developmentally appropriate and sequential school counseling program that is aligned with the ASCA national model. School counselors focus on the needs, interests, and strengths of students through academic, career, and social/emotional development. School counselors work in partnership with students, staff, families and the larger community to promote student lifetime success.

3. Beliefs of the Saranac Central School Counselors

- All students have the ability to be successful.
- Student's developmental needs are best met by implementing a comprehensive school counseling program.
- School counselors should be leaders, advocates, and collaborators who support opportunities for all students to grow.
- Through a comprehensive school counseling program professional school counselors will plan, manage, deliver, and evaluate program activities.

- Data will drive our goals and guide the development of the comprehensive school counseling program.
- ASCA Ethical Standards for School Counselors will guide our decision-making process and promote the maximum development of every student.

4. Advisory Committee

- School Counselors
- Building Administrators
- Faculty Members
- Student Body Representatives
- Community Members

5. Program Annual Calendars



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- **Morrisonville Elementary** **Academic Year: 2019-20**
- A minimum of 80% of time recommended for direct and indirect student services and 20% or less in program planning and school support

Month	Delivering		Program Planning and School Support <i>(Defining, Managing, Assessing, Fair-Share Responsibilities)</i>
	Direct Student Services Activities <i>(Include dates of school counseling initiatives or events, classroom and group activities, career or college nights, schoolwide academic support events,</i>	Indirect Student Services Activities <i>(Significant collaborations, leadership and advocacy activities)</i>	
Ongoing Services	Second Step Weekly Lessons PK-5 CICO Coordination Growth Mindset Lessons Group Counseling Individual Counseling PBIS Coaching/Assemblies TCIS Responder Mindful Mornings	Building Leadership Meeting - 2X per month Building Advisory Meeting - 2X per month PBIS Meeting - 2X per month Building and Agency MH meetings - weekly Counselor Meeting - monthly MH Consultation TCIS Meeting – monthly IST Meeting – 2x per month minimum Family Consultation Grade Level Meetings Teacher Consultation	
August		Data and Mental Health Collaborative Meetings Building Leadership Meeting PBIS Planning Meeting Counselor Meeting PD Day	
September	Open House Student Orientation New Student Lunch Meetings PBIS Booster Honor Flight Ceremony	Scheduling meeting for RTI and service providers Check in Check Out (CICO) Coordination Initial BHSN/PSAP meeting Group/Classroom/Individual Scheduling PD Day CICO Greeter Orientation CICO Teacher System Training Systematic Supervision Training for Cafeteria and Recess Staff ABL Coordination Custody Orders Review	Annual Administrator/Counselor Meeting
October	CICO begins Stop Walk Talk Instruction Big Life Journal Lessons Begin Honor Flight Ceremony Halloween Parade	SEL Movie Day Preparation	Use of Time Assessment



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November	Stop Walk Talk Instruction SEL Movie Day Parent Conferences PBIS Assembly	Giving Tree Coordination	
December	School Concert Holiday Reading Night	Data Meetings	
January	Community Contributor Month Community Contributor Assembly x2		
February	Stop Walk Talk Instruction PBIS Assembly Career Lessons		
March	CV-Tec Field Trip and Instruction PBIS Assembly Career Lessons Tropical Day event and Coordination	K Registration Systematic Supervision Training for Cafeteria and Recess Staff Panorama Survey Coordination	
April	Spark Showcase Career Lessons PreK and K Screening	NYS Testing	
May	Honor Flight Ceremony PBIS Assembly Career Lessons PreK and K Screening	Data Meetings NYS Testing	Use of Time Assessment
June	Parent Conferences Honor Flight Ceremony Awards Ceremony Field Day	Class List Formation Meetings	Review data, present to school counseling advisory Council



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- Saranac Elementary Academic Year: 2019-2020
- A minimum of 80% of time recommended for direct and indirect student services and 20% or less in program planning and school support

	Direct Student Services			Indirect Student Services	Program Planning and School Support
Month	School Counseling Core Curriculum	Individual Planning	Responsive Services	Referrals, Collaboration, Consultation	Foundation, Management, Accountability
Ongoing Services	PBIS rewards implemented monthly, PBIS monthly assemblies, Second step grades k-4		Individual counseling., PBIS monthly targeted meetings, TCIS responder.	IST meetings as needed. PBIS universal meetings and targeted meetings monthly. MHC and PSAP Bi-weekly. Family consultation. Teacher consultation.	Bus Duty
Aug.	PBIS planning meetings.				Annual agreement meeting with administrator. Panorama data meeting.
Sept.	Stop walk and talk K-5, PBIS teaching day.	Minute Meetings		ABL, MHC, Study lab, Backpack families identified and contacted. Systematic supervision training for cafeteria and recess. CICO coordinator	Present to the counseling advisory council. PBIS staff training. PBIS rewards implementation
Oct.	Kayak reward/Hiking reward		Small group counseling begins		Use of time assessment
Nov.	Parent teacher conferences.		Giving Tree		
Dec.					
Jan.	Second step begins grade 5				
Feb.					Use of time assessment
March	Play it safe				
April	Spark				
May	Too good for drugs begins, CVTech field trip-5th grade, Career zone lesson 5th grade. Block party				
June	Vaping prevention lesson 5th grade, Disc golf reward			Class list meetings	Review data, present to school counseling advisory Council
July					Create annual goals and Annual agreement



SARANAC CENTRAL SCHOOL DISTRICT

PreK-12 Comprehensive School Counseling Program

- Saranac Middle School Academic Year: 2019-2020
- A minimum of 80% of time recommended for direct and indirect student services and 20% or less in program planning and school support

Delivery		
Month	Direct Student Services Activities <i>(Include dates of school counseling initiatives or events, classroom and group activities, career or college nights, schoolwide academic support events, etc.)</i>	Indirect Student Services Activities <i>(Significant collaborations, leadership and advocacy activities)</i>
October	Mix it Up Day Shine On Unity Day Activities (door decorating etc.) Internet Safety Presentation	
November	Classroom spelling bees Food Drive Thank you notes to first responders/military Parent-Teacher Conferences RAOK Challenge-World Kindness Day	Report Cards
December	School-wide spelling bee Mindful Minutes Chief Club Holiday activities	Holiday collection for families in need
January	'Dare to Fail' guest speaker Chief Club	Report cards Develop at-risk lists Career Fair Planning
February	Weekly RAK challenge Chief Club 6th grade annual progress review meetings Individual meetings with at-risk students	National School Counselors Week Mail out at-risk letters Career Fair Planning
March	6th grade annual progress review meetings 7th grade annual progress review meetings Chief Club	8th grade teacher recommendations solicited Career Fair Planning
April	7th grade annual progress review meetings 8th grade annual progress review meetings/High School Planning Chief Club 8th to 9th grade parent night	Report cards Career Fair Planning
May	8th grade annual progress review meetings/HS Planning Chief Club Career Fair	5th, 6th and 7th grade teacher recommendations solicited Master Scheduling begins
June	5th grade elementary school visits 5th to 6th grade parent/student information night National Junior Honor Society Induction Ceremony Middle School Awards Ceremony	Master Scheduling Solicit recommendations for middle school awards Summer School Report Cards Meet with 5th grade team Accelerated letters



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- Saranac High School

Academic Year: 2019-2020

Month	Delivering		Program Planning and School Support <i>(Defining, Managing, Assessing, Fair-Share Responsibilities)</i>
	Direct Student Services Activities <i>(Include dates of school counseling initiatives or events, classroom and group activities, career or college nights, schoolwide academic support events, etc.)</i>	Indirect Student Services Activities <i>(Significant collaborations, leadership and advocacy activities)</i>	
Ongoing Services	Student Course Planning, College Visits, Individual Sessions for Emotional/Mental Health, Individual Sessions for Academic Help, Individual Sessions for Multiple Absences	Newsletter, RTI Meetings, Regents Exams, Letters of Recommendation, Ready4Real with Personal Finance, PINS Meetings, Reviewing Transcripts, SAT Score Reports to Secretary for Transcripts, Referrals for Mental Health Services/PSAF	High School Counselor Meetings, Saranac Counseling Department Meetings, Building Advisory Committees, Annual Surveys, Bulletin Board Planning and Assembling, Staff Luncheons
July-August	Open House	New Student Registrations, Scheduling, Preparing for Opening Day, Planning for the following year, AP Score Reports to Secretary for Transcripts	Teacher Communication for Master Schedule, Emails to CAP teachers about syllabi, Review of all AP changes, Emails to AP teachers about changes, AP required trainings
September	Opening Day Workshops, Senior Visits, SUNY Road Show, Senior Parent Night, Freshman Career Cruising	Academic Services Enrollment at CV-TEC,	PSAT and PreACT Ordering, Required PSAT Trainings, CAP Registration, CAP Parent Night, Emails to AP teachers about setting up “class rosters” for test ordering, Online AP Yearly Form, Collecting PSAT/PreACT Money
October	College Applications, College Visits, Youth Empowerment Summit	Graduation Requirement Letters, SUNY OpInform Training	PSAT and PreACT Testing, Stuffing Envelopes for Financial Aid Night and Graduation Requirements, Emails to CAP teachers about rosters-follow up with students not listed
November	College Applications, Financial Aid Night, Principal’s Breakfast, SUNY North Country Day, Mental Health Presentations in Health Class, Parent Teacher Conferences	CV-TEC Counselor-Teacher Meetings, AP Organizing & Ordering	CAP Emails to remind parents of payment, Connecting with CAP Parents that have not paid, Collecting AP Money
December	College Applications, Alumni Panel	Coryer Staffing – RAMP	CAP Student Surveys, Requests to teachers for classes they will be teaching next year to offer for course selection
January	Junior Course Request Meetings, Junior Parent Night	Crary Foundation, Upward Bound Presentation	CAP registration, Emails to CAP teachers about syllabi
February	Sophomore Course Request Meetings, CV-TEC Career Day	Academic Excellence Scholarship	Stuffing Envelopes for Graduation Requirements
March	Sophomore/Freshman Course Request Meetings, Clinton County Youth Bureau Conference, College	Blue Shield Scholar Award, CV-TEC Shadowing	CAP Emails to remind parents of payment, Connecting with CAP Parents that have not paid, Emails to CAP



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	101 at CCC, Mental Health Presentations in Health Class		teachers about rosters-follow ups with students not listed
April	Finish Freshman Course Request Meetings, Eighth Grade Parent Night	CV-TEC Shadowing	CAP Annual Meeting, AP Testing (completing Village of Dannemora Contract, Substitutes for proctors)
May	Middle School Career Fair, Career Connect Field Trip	DEO Colburn Scholarship, Complete Crary Scholarships Applications, PSAT/PreACT Letter to Parents, Communicate with Parents Regarding Senior Commitment Day,	Ten Percent Dinner, AP Testing (setting up the gym, training of Proctors), Building Master Schedule
June	CCC Senior Field Trip for Advising, Failing Seniors, Eighth Grade Panel	Scholarship Committee Meeting, Diploma Types for Graduation Program, Regents Exam Failure Reviews, Meetings with failing seniors, Summer Planning	Building and entering the Master Schedule, CAP Student Surveys

6. Comprehensive School Counseling Plan Delivery Maps

- Morrisonville Elementary 2019-2020**

Program Activity/Service	Grade	Tier	Standards	Program Objectives	Staff & Resources	Assessment & Evaluation Methods
Core curriculum - Second Step Direct Service	PK-5	1	M: 1-6 B-LS: 1-10, B-SMS: 1-10 B-SS: 1-9	Students will be able to speak and understand common language of the 4 areas and develop skills in each: Skills for Learning, Empathy, Emotion Management and Problem Solving	School Counselor	Pre and Posttest. Full year PreK-5 classes once per 6-day cycle.
Core curriculum - Stop, Walk and Talk Direct Service	K-5	1	M: 1,2,3,6 B-LS: 7,9 B-SMS: 1,2,5,7,9,10 B-SS: 2,5,6,8,9	Students will be able to name and use the 3 steps to deal with disrespect and bullying.	All staff to reinforce Counselor and Psychologist to give basic instruction.	Random Fluency Test. Ask the students to name the stop walk and talk steps. Have them demonstrate. Sample 10% of school.
Core curriculum- Spark Lessons Direct Service	K-5	1	M: 2,4,5,6 B-LS: 1-10 B-SMS: 3,5,10 B-SS: 1-9	Students will be able to identify their passion and understand how it could be useful to the world.	K-5 Staff, School Counselor	Posters created to display spark to staff, students & parents.



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Program Activity/Service	Grade	Tier	Standards	Program Objectives	Staff & Resources	Assessment & Evaluation Methods
Core curriculum-Career Development/ Career Zone Direct Service	5	1	M: 1,2,4,5,6 B-LS: 1-10 B-SMS: 1-6,10 B-SS: 1,3,6,7	Students will assess their career interests. Students will assess their career work values. Students will research careers that match these values and interests.	Counselor, Career Zone	Students will list career and work value 3 letter results and list a career that matches both.
Core curriculum-CVTEC field trip and associated classroom program Direct Service	5	1	M: 4,5,6 B-LS:1,7,9,10 B-SMS: 1,5,8,10 B-SS: 1,6,8,9	Students will be exposed to the various offerings at CVTEC.	School counselor, 5th grade teachers	Student and staff feedback
Core Curriculum-PBIS Coach/Coordinator Direct Service	K-5	1	M: 1,3,6 B-LS: 4,6,7 B-SMS: 1-10 B-SS: 1-9	Students and staff will name the 4 expected behaviors and follow them throughout the building.	Coaches, PBIS team, all staff, matrix, Brave slips.	Teacher/Student feedback. Brave slip data.
Core Curriculum-Community Contributor Month Direct Service	PK-5	1	M: 1,3,6 B-LS: 2,9,10 B-SMS: 1,8 B-SS: 2,4,5,6,7	Students will have a greater understanding of helping others in the community. Students will participate in a school wide service project.	Counselor and school staff	Teacher/ community / family feedback
Honor Flight Presentation and Advisor Direct Service	4-5	1	M: 3 B-LS: 2,10 B-SMS: 1,2,7,8,10 B-SS: 1, 2,3,4,5,9	Students will be able to sing in Honor Flight ceremonies. Students will learn about veterans and be able to speak to the process of the ceremony and why it is done.	Counselor and Music Teacher	Number of students participating and feedback from parents and Honor Flight officials.
Responsive services- Group Counseling Direct Service	K-5	2	M: 1,2,3,6 B-LS: 3,4,7,8,9 B-SMS: 1-10 B-SS: 1-9	Students will improve targeted skills.	School Counselor	CICO data, Parent/teacher/students feedback, DESSA.
Responsive Services- Individual Counseling Direct Service	K-5	2-3	M: 1,2,3,6 B-LS: 3,4,7,8,9 B-SMS: 1-10 B-SS: 1-9	Students will improve the area identified.	School Counselor	CICO data, Parent/teacher/students feedback, DESSA.
Responsive Services- TCIS Team Member Direct Service	K-5	3	M: 3,6 B-LS: 7,9 B-SMS: 1,4,6,7,9, 10 B-SS: 2,8,9	Be able to participate safely in school life.	All TCIS trained team members	Debriefing after each incident. Monthly and Yearly training.
Responsive Services- CICO Coordinator Direct Service	K-5	2	M: 1,2,3,6 B-LS: 4,6,7 B-SMS: 1-10 B-SS: 2,3,4,8,9	Students will build positive adult relationships. Students will learn to self-reflect on actions and behavior in order to function productively in and out of school.	School Counselor, CICO Greeters and Teachers	Class DOJO data



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Program Activity/Service	Grade	Tier	Standards	Program Objectives	Staff & Resources	Assessment & Evaluation Methods
Core Curriculum - Spark Showcase Direct Service	5	1	M: 1-6 B-LS: 1-10 B-SMS: 1,2,3,5,10 B-SS: 1,2,4,6,7,9	Students will be able to build skills in presentation and public speaking as well as writing and preparation.	School Counselor and 5 th grade teachers	All 5 th graders will present to the whole school and a night for families.
Responsive Services- RTI data meetings and review Direct Service	K-5	2-3	B-LS: 7,9 B-SMS: 5 B-SS: 1, 6, 8	Students will be placed in best academic responsive services	RTI Staff, Psychologist, Teachers and School Counselor	Data review, teacher feedback
Core Curriculum- Growth Mindset Direct Service	3-4	1	M: 1-6 B-LS: 1-10 B-SMS: 1,2,4,7,10 B-SS: 1,4,5,7,9	Students will be able to understand growth mindset and will able to take appropriate risk in their learning in order to grow as a person and learner.	School Counselor and Teachers	Teacher/Parent/ Student Feedback
Responsive services -BHSN Mental Health Referrals and Building Coordination Indirect Service	PK-5	3	M: 1 B-SMS:6,7,8,9,10 B-SS: 3,9	Students and families will overcome barriers to learning, build positive relationships and learn functional life skills.	BHSN therapist, School Counselor, School Psychologists	Observation, consultation
Responsive services - Adventure Based Learning Building Coordinator Indirect Service	PK-5	3	M: 1,3,6 B-LS: 1,4,7,9,10 B-SMS: 1-10 B-SS: 2-9	Students and families will overcome barriers to learning, build positive relationships and learn self-regulation.	BHSN, ABL Staff and School Counselor	Observations and consultation
Responsive services- PSAP worker Coordination Indirect Service	PK-5	3	M: 1 B-SMS: 6,9,10 B-SS:2,3,9	Students and families will overcome barriers to learning and build positive relationships.	PSAP worker, School Counselor and School Psychologists	Family agreement to services and progress in eliminating barriers to learning.
Consultation with Parents, Staff, Administrators and Counselors, and outside agencies. Indirect Service	PK-12	1-3	M: 1-6 B-LS: 1-10 B-SMS: 1-10 B-SS: 1-9	Students and families will overcome barriers to learning, build positive relationships and learn functional life skills.	Staff at all levels, Parents and Administrators	Observation, Consultation
Responsive Services- Referral Indirect Services	PK-5	2-3	M: 1 B-SMS: 6,9,10 B-SS: 1,2,3,4	Students and families will overcome barriers to learning, build positive relationships and learn functional life skills.	Parents, Staff, Community agencies.	Observation, Consultation



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- Saranac Elementary 2019-2020

Program Activity/Service	Grade	Tier	Standards	Program Objectives	Staff & Resources	Assessment & Evaluation Methods
Core curriculum-Second step Direct Service	K-5	1	M: 1-6 B-LS: 1-10 B-SMS: 1-10 B-SS: 1-10	See Curriculum guide	School Counselor and School Psychologist	Perception-Pre and Post-test. Process 21 Lesson K-5
Core Curriculum Too Good For Drugs Direct Service	K-3	1	M: 1 B-LS: 1,4,5 B-SMS: 1,2,4,5,7,9, B-SS: 5,8,9	See Curriculum guide	School Counselor and School Psychologist	Perception-Pre and post-test. Process-4 weeks 30 minutes per week
Core Curriculum- Stop, Walk, Talk Direct Service	K-5	1	MS: 1,2,3,5,6 B-SMS: 1,2,3,4,7,9, B-SS: 1,2,3,4,5,7,6,9	All staff to reinforce Counselor and Psychologist to give basic instruction.	All staff to reinforce Counselor and Psychologist to give basic instruction. All staff to reinforce Counselor and Psychologist to give basic instruction.	Random Fluency Test. Ask the students to name the stop walk and talk steps. Have them demonstrate. Sample 10% of school.
Core Curriculum- Spark Lesson Direct Service	K-5	1	B-SS: 1,2,3,4,5,7,8	Students will be able to identify their passion and understand how it could be useful to the world. (Agency)	K-5 Staff, Psychologist Counselor	Posters created to display spark to staff students' parents.
Core Curriculum- Career Zone Direct Service	5	1	M: 6	Students will assess their career work environment interests. Students will assess their career values. Students will research careers that match these values and interest	Computers and counselor	Teacher and student feedback
Core curriculum-CV-Tech field trip and associated classroom program Direct Service	5	1	M: 6	Students will be exposed to the various offerings at CV-Tech.	School counselor, 5t grade teachers. School bus.	Teacher and student feedback
Tier I activities. Short term Rewards. Long term rewards. PBIS teaching day. Monthly assemblies Direct Service	K-5	1	MS: 1-6 B-LS: 1-10 B-SMS: 1-10 B-SS: 1-9		Building-wide, all staff, posters, videos, rewards	Teacher/Student feedback. Star slip data.



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Program Activity/Service	Grade	Tier	Standards	Program Objectives	Staff & Resources	Assessment & Evaluation Methods
Core curriculum-Monthly character trait. Direct Service	PK-5	1	M: 1,3,6 B-SMS: 1-10 B-SS: 5,6,7,9		Videos and lesson ideas posted on schoology. Assembly presentation. Bulletin board with students of the month displayed.	Teacher feedback
Core Curriculum-Block party Family fun after-school event Direct Service	K-5	1	M: 1,3,6 B-LS: 2 B-SMS: 9 B-SS: 3	Improve home school relationship.	Volunteer, Staff, faculty, and community members	Number of block party participants
Core Curriculum- Running club team member Direct Service	2-5	1	M: 1,2,3 B-LS: 4,10 B-SMS: 1-8	Students will set appropriate goals. Students will be self-motivated.	Various school staff	Data and their running success. Number of laps. Improvement throughout the year in their ability to run. Number of students who receive their marathon and 1/2 marathon medals.
Response Services Direct Service	K-5	2	M: 1,3,5,6 B-SMS: 2,5,7	Students will improve targeted skill	School Counselor and School Psychologist	Teacher/counselor feedback
Individual Counseling Direct Service	K-5	3	M: 1-6 B-LS: 1-10 B-SMS: 1-10 B-SS: 1-9	Students will improve the area identified.	Psychologist, School Counselor	Teacher/Counselor feedback
TCIS team member Direct Service	K-5	3	B-SMS: 9	Be able to participate safely in school life.	All TCIS trained team members	Debriefing after each incident.
CICO Direct Service	K-5	2	B-SMS: 1-9	Student will learn to identify appropriate and not appropriate behavior. Student's will practice appropriate behavior.	Greeters, CICO coordinator	PBIS rewards kept on each student
Study Lab Coordinator Direct Service	2-5	2	M: 2, 5, 6	Student will complete homework with support. Students will read and practice math facts.	T.A. staff from each room.	Check homework completion rates and success.
Giving Tree Indirect Service	PK-5	2	B-SS: 1, 2, 4	Improve home/school relationships.	Counselors, Psychologist, Principal, Secretary.	Number of families served. Number of gifts received.



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Program Activity/Service	Grade	Tier	Standards	Program Objectives	Staff & Resources	Assessment & Evaluation Methods
Backpack Program Coordinator Indirect Service	PK-5	2	M: 1	Students will had adequate nutrition on weekends.	Backpack committee	Number of students served.
Mental Health Clinic Coordinator Indirect Service	PK-5	3	M: 1,3 B-SMS: 6,7	Students and families will overcome barriers to learning, positive relationships, and Success.	BHSN therapist	Observation, consultation.
Adventure Based Learning Coordinator Indirect Service	PK-5	3	M: 1, 3 B-SMS: 6,7	Students and families will overcome barriers to learning, positive relationships, and Success.	BHSN therapist	Observation, consultation.
PSAF worker Coordinator Indirect Service	PK-5	3	M: 1	Students and families will overcome barriers to learning, positive relationships, and success.	BHSN therapist	Observation, consultation.
Consultation with Parents, Staff and administrators and Counselors, and outside agencies. Indirect Service	PK-12	3	M: 1, 2, 5, 6	Students and families will overcome barriers to learning, positive relationships, and Success.	Staff at all levels, Parents and Administrators	Observation, Consultation
Referrals Indirect Service	PK-5	2-3	M: 1	Students and families will overcome barriers to learning, positive relationships, and Success	Parents, Staff, Community agencies.	Observation, Consultation



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- Saranac Middle School 2019-2020

Program Activity/Service	Grade	Tier	Standards	Program Objectives	Staff & Resources	Assessment & Evaluation Methods
Individual Progress Review 40 minutes/student April-May Direct Service	8	1	M: 2, 4, 5, 6 B-LS: 4 B-LS: 7 B-SMS: 5	Students will have a clear understanding of: *their academic strengths and weaknesses *their interests and abilities *their proposed HS program for 9th grade and subsequent years *some tentative post HS plans and careers	Counselor Annual review form Student records HS course planning form HS course credit requirements CV-TEC program form	Meet individually with 8th graders Go over current academic standing, interests and future plans Complete annual review form Complete proposed course selection 4-year planning sheet
Individual Progress Review 40 minutes/student March-April Direct Service	7	1	M: 2, 4, 5, 6 B-LS: 4, 7 B-SMS: 5	Students will consider their *interests, abilities, academic strengths and weaknesses *courses they will take in 8th grade *some tentative post MS plans *some discussion on post HS plans	Counselor Annual review form Student records Student report card Teacher recommendations Course selection sheet for 8th grade	Meet individually with 7th graders Go over current academic standing, interests and future plans Discuss proposed 8th grade courses Complete annual review form
Individual Progress Review 40 minutes/student February-March Direct Service	6	1	M: 2, 4, 5, 6 B-LS: 4, 7 B-SMS: 5	Students and parents will understand which courses the student will take in 7th grade. Students will give some thought and discussion to their *interests, abilities, academic strengths and weaknesses and future goals for MS into HS	Counselor Annual review form Student records Student report card Teacher recommendations Course selection sheet for 7th grade Foreign Language choice sheet	Meet individually with 6th graders Go over current academic standing, interests and future plans Discuss proposed 7th grade courses Complete annual review form
Individual Counseling to assist students with academic, career or social/emotional concerns September-June Direct Service	6-8	2-3	M: 1-6 B-LS: -7, 9, 10 B-SMS: 1-10 B-SS: 1-10	Students will show an improvement of specific concerns addressed in individual counseling. Students will show an increase in appropriate behavior, attendance and grades	Counselor	Student, Parent, Faculty, Administrative reports/observations. Data showing improvement in behavior, attendance, academics
Classroom Curriculum Monthly: September-June Direct Service	6	1	M: 1, 2, 5, 6 B-LS: 1 B-SMS: 2, 7 B-SS: 2, 4, 5, 6, 9	Students will be able to effectively learn and apply the skills, attitudes and behaviors taught in the program. They will rise up to the challenge of being a middle school student.	Counselor Second Step Grade 6 Stepping Up program	Teacher observation Pre/Post test Student feedback



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Program Activity/Service	Grade	Tier	Standards	Program Objectives	Staff & Resources	Assessment & Evaluation Methods
Classroom Curriculum Monthly: September- June Direct Service	7	1	M: 1, 2, 5, 6 B- LS: 7, 9 B-SMS: 2, 5, 7, 9,10 B-SS: 2, 4, 5, 6, 7, 8, 9	Students will be able to effectively learn and apply the skills, attitudes and behaviors taught in the program. They will engage positively in life and school by staying in control and making good decisions.	Counselor Second Step Grade 7 Stepping In program	Teacher observation Pre/Post test Student feedback
Classroom Curriculum Monthly: September- June Direct Service	8	1	M: 1, 2, 5, 6 B- LS: 7, 9 B-SMS: 2, 5, 7, 9, 10 B-SS: 2, 4, 5, 6, 7, 8, 9	Students will be able to effectively learn and apply the skills, attitudes and behaviors taught in the program. They will have a focus on leadership and goal setting.	Counselor Second Step Grade 8 Stepping Ahead program	Teacher observation Pre/Post test Student feedback
Group Counseling to assist students with academic, career or social/emotional concerns September-June Direct Service	6-8	2	M: 1-6 B-LS: 1-7, 9, 10 B-SMS: 1-10 B-SS: 1-10	Students will show an improvement of specific concerns addressed in individual counseling. Students will show an increase in appropriate behavior, attendance and grades	Counselor Group counseling curriculum	Student, Parent, Faculty, Administrative reports/observatio ns. Data showing improvement in behavior, attendance, academics
Career Fair May Direct Service	8	1	M: 1-2, 4-6 B-LS: 1, 4, 7, 9, 10 B- SMS: 1-5 B-SS: 1, 3, 9	Students will be exposed to various career opportunities and begin exploring career interest	Counselor FACS Teacher Outside community career vendors Student request letters	Student observation/conve rsations, student and career vendor surveys
Career Café Monthly/Sept-June Direct service	7	1	M: 1, 2, 4-6 B-LS: 1, 4, 7, 9, 10 B- SMS: 1-5 B-SS: 1, 3, 9	Students will be exposed to multiple careers by engaging with experts in the field who will share the ins and outs of their career, while teaching students the necessary steps to take that career pathway in the future.	Counselors Career interest inventory Community members	Student input and vendor feedback
Peer Mentoring Program Bi-weekly/Sept.-June Direct Service	6-8	2	M: 1-6 B-LS: 1, 3, 7 B-SMS: 6, 7, 8, 10 B-SS: 2, 6, 8, 9	Students will engage in meetings with high school mentors to discuss a variety of topics related to academics, career, and social/emotional.	High school teachers and students	Student feedback and teacher observation
Crisis Counseling As Needed Sept.-June Direct Services	6-8	3	M: 1-6 B-LS: 1,7,9 B-SMS: 1,2,7,8,9,10 B-SS: 8,9	Students will demonstrate a decrease in target behavior and/or intense emotional response	Counselor Psychologist BHSN Therapist PSAF/PINS Caseworker	Observation



SARANAC CENTRAL SCHOOL DISTRICT

PreK-12 Comprehensive School Counseling Program

Program Activity/Service	Grade	Tier	Standards	Program Objectives	Staff & Resources	Assessment & Evaluation Methods
Consultation with Outside Agencies	6-8	2-3	M: 1-3, 5-6 B-LS: 1, 3, 4, 6-10 B-SMS: 1-10 B-SS: 1-9	At risk students will demonstrate an increase in attendance and grades and a decrease in referrals, improvement in social-emotional state.	School Counselors Administration Teachers School Nurse Parents Student Community Agencies	Student parent and teacher reports, observations Forms (i.e. rating scales etc.)
Consultation with Families	6-8	1-3	M: 1-6 B-LS: 1, 3-10 B-SMS: 1-10 B-SS: 1-10	Parents/Families will demonstrate an increased awareness in child's school progress and necessary information to improve student achievement.	School Counselors Parents Teachers	Student attendance Behavior data Observations Academic Improvement Family involvement
Positive Behavioral Interventions and Supports (PBIS)	6-8	1	M: 1-3, 5-6 B-LS: 1, 4, 6-8,10 B-SMS: 1,2,4-7,9 B-SS: 2-7,9	Improvement in positive student behaviors. Decrease in discipline referrals, increase in student involvement. Improved school climate, improved attendance, improved grades	All School Staff Students Parents Community	Student input discipline referrals attendance data family involvement monthly meetings observations
Check-In Check-Out (CICO)	6-8	2-3	M: 1,2, 4-6 B-LS: 3,4,6,7 B-SMS: 1,2,4-7,9,10 B-SS: 1,3,5,6,8,9	Improvement in positive student behaviors. Decrease in discipline referrals, improved grades, improve student self-discipline	School Counselors Teachers Students Parents	Observation CICO Form Teacher feedback improved grades decreased referrals
Response to Intervention (RTI)	6-8	2-3	M: 1,2, 4-6 B-LS: 3,4,6,7 B-SMS: 1,2,4-7,9,10 B-SS: 1,3,5,6,8,9	Improvements shown in academic grades, Iready scores, improved attendance, decrease in inappropriate classroom behaviors	RTI Committee (teachers, counselors, administration) Parents	Iready scores grades observations
Quarterly Newsletters	6-8	1	M: 1-6 B-LS: 1-10 B-SMS: 1-10 B-SS: 1-9	To educate, inform, engage students and families on academic, social-emotional and career topics throughout the year	School Counselors	Observation Feedback Family involvement
Scheduling	6-8	1	M: 1-6 B-LS: 7,8,10 B-SMS: 5 B-SS: 8	To ensure students are receiving appropriate courses based on NYS Education standards/curriculum	School Counselors Teacher recommendations CSE Office/IEPS	Academic Transcript Feedback



SARANAC CENTRAL SCHOOL DISTRICT

PreK-12 Comprehensive School Counseling Program

- Saranac High School 2019-2020

Program Service/Activity	Grade	Tier	Standards	Program Objectives	Staff & Resources	Assessment & Evaluation Methods
Monthly newsletters Indirect Service	9th-12th	1	ASCA Mindset Standards: M3, M4	Students and parents will be informed of school counseling monthly information. For example: SAT/ACT dates, events occurring in the counseling office that month, and other significant information regarding college, course selection, etc.	Counselors	Communication with all families to ensure we are building positive and sustainable relationships.
Response To Intervention Meetings (consultation) Indirect Service	9th-12th	2, 3	ASCA Mindset and Behavior Standards: B-LS7, B-LS9	Students will be academically successful in passing regents courses and exams	Counselors, Teachers, Administration	Final averages, regents exam scores, iReady data
Freshman Open House Direct Service	9th-12th (upper classmen volunteer to host this event)	1	ASCA Mindset Standards: B-SS 1, B-SS 2, B-SS 3, B-SMS 10	Students will become acclimated to the building, reduce anxiety surrounding high school, learn about extracurricular offerings, and begin developing relationships with upper classmen	Counselors, Teachers, Administration	Parent/Teacher/Student feedback
Regents June/August failure requires generation of lists Indirect Service	9th-12th	2	ASCA Behavior Standards: B-LS 9	Students will be able to retake regents exams	Counselors/ Teachers/ Principal	Regents Exam Scores and Final Averages
Senior Planning Meetings/Individual Direct Service	12 th	1	ASCA Mindset Standards: M4	Students will identify post graduation plans and complete appropriate tasks according to each individual plan	Counselors	Senior Exit Surveys
Career Cruising (classroom instruction) Direct service	9th	1	ASCA Mindset Standards: M4	Students will complete a career interest inventory and explore career options along with education needed	Counselors and English teacher	Completed interest inventory and research paper
Importance of Freshman year and graduation requirements Direct Service	9 th	1	ASCA Mindset Standards: M4	Student will better understand the importance of a transcript, goal setting, staying on track educationally, etc.	Counselors	Student feedback (constantly checking for understanding during yearly student meetings)
SUNY Roadshow Direct Service	12 th	1	ASCA Minset Standards: M4	Students will understand the college application process and the SUNY system	Counselors, SUNY professionals	Student feedback
Senior Parent/Student Night Direct Service	12th and parents/guardians	1	ASCA Mindset Standards: M4, B-SMS 1, B-LS 9	Students and Parents will understand graduation requirements, and college application process as well as career options	Counselors	Parent and student feedback



SARANAC CENTRAL SCHOOL DISTRICT

PreK-12 Comprehensive School Counseling Program

Program Service/Activity	Grade	Tier	Standards	Program Objectives	Staff & Resources	Assessment & Evaluation Methods
College Visits Direct	11th and 12th	2	ASCA Mindset Standards: M4	Students will learn about individual colleges and their options without having to travel to the college itself	Counselors and College Admissions	Student feedback
College Applications Direct	12th	2	ASCA Mindset Standards: M4	Students will apply to college by specific deadlines	Counselors	Students will complete required documentation to attend college.
Youth Empowerment Conference Direct Service	9 th -12th	2	ASCA Mindset Standards: B-SS 1, B-SS 2, B-SS 6, B-SS 7, B-SS 9, B-LS 10	Students will create positive relationships with other students in the building. Students will work with adults to improve the culture and climate of their building	Counselors, outside professionals	Student feedback
College Application Workshops Direct	12th	2	ASCA Mindset Standards: M4	Students will complete college applications after school in computer lab	Counselor	Applications will be completed by deadlines and students will have the help they need to accomplish that task
Financial Aid Night Direct	12th	1	ASCA Mindset Standards: M4	Students and Parents/Guardians will complete financial aid documents and learn about scholarships for higher education.	Counselors, outside professionals	Parent and student feedback
Alumni Panel	12th	2	ASCA Behavior Standards: BSS 3, BSS 9	Students will be able to ask Saranac graduates questions about life after high school.	Counselors and alumni	Student feedback
Junior college planning (classroom instruction) Direct	11th	2	ASCA Mindset Standards: M4	Students will be able to review PSAT and PreACT score reports, identify resources for college and career planning and review graduation requirements	Counselors and teachers	Student feedback
Coryer Staffing Classroom Presentation Direct	12th	2	ASCA Behavior Standards: M4, BSS 3	Students will learn about outside career resources for life after graduation	Counselors and outside professionals	Student feedback
Junior Classroom Presentation Direct	11th	2	ASCA Behavior Standards: M4, BLS 7	Students will discuss the importance of course selection, spring SAT/ACT's, college visits, college applications	Counselors	Student feedback
Junior Student/Parent Night Direct	11th	2	ASCA Behavior Standards: M4, BSMS1, BLS9	Students and Parents will understand graduation requirements, and college application process as well as career options	Counselors	Student and parent feedback
Sophomore Class Meetings Direct	10th	2	ASCA Behavior Standards: M4, BLS 7	Students will review transcript, discuss course selection, review career cruising results, plan for PSAT/PreACT tests.	Counselors	Student feedback



SARANAC CENTRAL SCHOOL DISTRICT

PreK-12 Comprehensive School Counseling Program

Program Service/Activity	Grade	Tier	Standards	Program Objectives	Staff & Resources	Assessment & Evaluation Methods
CV-TEC Career Day Direct	10th	2	ASCA Behavior Standards: BLS10	Students will learn about CV-TEC programs and career opportunities. Students will be able to shadow three programs to see what they enjoy.	Counselors	Student feedback, student enrollment and completion of CV-TEC programs
CCYB Leadership Conference Direct	10 th -12th	2	ASCA Behavior Standards: BSS1, BSS2, BSS6, BSS7, BSS9, BLS10	Students will learn leadership skills and make connections with students from other schools	Counselors	Student feedback
College 101 Direct	11th	2	ASCA Behavior Standards: M4, BLS9, BLS10	Students will meet with college admissions representatives at CCC. Students will get honest answers from a panel of college students.	Counselors	Student feedback
SUNY North Country Day - Direct	11th	2	ASCA Behavior Standards: M4, BLS9	Students will meet with college admissions representatives at Plattsburgh. Students will also tour SUNY Plattsburgh campus and eat in a dining hall.	Counselors	Student feedback
8th Grade Parent Night Direct	8th	2	ASCA Behavior Standards: M4, M5	Eighth grade students and families will meet high school counselors and have an introduction to high school expectations in the spring before their freshmen year.	Counselors	Student and parent feedback
Career Connect Field Trip - Direct	9th	2	ASCA Behavior Standards: M4, BLS9, BLS10	Students will have the opportunity to meet with professionals in our community that link up with their career clusters	Counselors, English teacher	Student feedback
Career Day – Direct	11 th -12th	2	ASCA Behavior Standards: M4, BLS9, BLS10	Students will take advantage of the middle school career fair. They will meet possible employers and community resources in multiple career fields	Counselors (Middle & High)	Student feedback/vendor feedback
CCC Senior Field Trip	12th	2	ASCA Behavior Standards: BSMS1, BSMS10, BLS10	Students will go to CCC to take a placement test and meet with faculty advisors to pick courses for the fall semester.	Counselors	Student feedback/college admissions feedback
Freshmen Meeting	9th	2	ASCA Behavior Standards: M4, BLS7	Students will meet with counselor to discuss career planning/interest inventories, course selection, and an overall check in of freshmen year.	Counselors	Student feedback/exit survey
Mental Health Presentation	10 th -12th	2	ASCA Mindset: BSMS8, BSMS9, BSMS10	Discuss mental health stats in health class during mental health unit. Share school and community resources.	Counselors, BHSN/CV Family	Student/parent feedback, services change and/or remain