



SARANAC CENTRAL SCHOOL DISTRICT

PreK-12 Comprehensive School Counseling Program



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SARANAC CENTRAL SCHOOL DISTRICT

PreK-12 Comprehensive School Counseling Program

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SARANAC CENTRAL SCHOOL DISTRICT

PreK-12 Comprehensive School Counseling Program

1. School Counselors and Assignments

- Jeremy Patnode – Morrisonville Elementary School
- Heidi Pellerin – Saranac Elementary School
- Amanda Carter – Saranac Middle School
- Janet Hankins – Saranac Middle School
- Alison Rosenbaum – Saranac High School
- Michael Johnson – Saranac High School

2. School Counseling Department Vision and Mission Statements

- **Vision Statement**

Through the implementation of a data driven comprehensive school counseling program, the student population of the Saranac School District will be appropriately challenged and supported throughout their school career to maximize their potential. Students will leave with a sense of purpose, strong character, and the hope of future success.

- **Mission Statement**

Our mission as school counselors is to provide a data driven, developmentally appropriate and sequential school counseling program that is aligned with the ASCA national model. School counselors focus on the needs, interests, and strengths of students through academic, career, and social/emotional development. School counselors work in partnership with students, staff, families and the larger community to promote student lifetime success.

3. Beliefs of the Saranac Central School Counselors

- All students have the ability to be successful.
- Students' developmental needs are best met by implementing a comprehensive school counseling program.
- School counselors should be leaders, advocates, and collaborators who support opportunities for all students to grow.
- Through a comprehensive school counseling program, professional school counselors will plan, manage, deliver, and evaluate program activities.

- Data will drive our goals and guide the development of the comprehensive school counseling program.
- ASCA Ethical Standards for School Counselors will guide our decision-making process and promote the maximum development of every student.

4. Advisory Committee

- School Counselors
- District and Building Administrators
- Faculty Members
- Parents/Guardians
- Community Members

5. Program Annual Calendars



SARANAC CENTRAL SCHOOL DISTRICT

PreK-12 Comprehensive School Counseling Program

Morrisonville Elementary

Academic Year: 2023-2024

A minimum of 80% of time recommended for direct and indirect student services and 20% or less in program planning and school support

Month	Delivering		Program Planning and School Support <i>(Defining, Managing, Assessing, Fair-Share Responsibilities)</i>
	Direct Student Services Activities <i>(Include dates of school counseling initiatives or events, classroom and group activities, career or college nights, schoolwide academic support events,</i>	Indirect Student Services Activities <i>(Significant collaborations, leadership and advocacy activities)</i>	
Ongoing Services	Second Step Weekly Lessons PK-5 CICO Coordination Growth Mindset Lessons- available to individual classroom routine Group Counseling Individual Counseling PBIS Coaching/Assemblies TCIS Responder Mindful Mornings-available to individual classroom routine	Building Leadership Meeting - 2X per month Building Advisory Meeting - 1X per month PBIS Meeting - 2X per month Building and Agency MH meetings - weekly Counselor Meeting – as needed MH Consultation TCIS Meeting – monthly IST Meeting – as needed Family Consultation Grade Level Meetings Teacher Consultation	
August		Data and Mental Health Collaborative Meetings PBIS Planning Meeting Counselor Meeting PD Day	
September	Open House Student Orientation PBIS Booster Honor Flight Ceremony Road Runners- Running Club	Scheduling meeting for RTI and service providers Check in Check Out (CICO) Coordination Initial BHSN/PSAP meeting Group/Classroom/Individual Scheduling PD Day Systematic Supervision Training for Cafeteria and Recess Staff Custody Orders Review Backpack Buddies	Annual Administrator/Counselor Meeting
October	CICO begins Stop Walk Talk Instruction Big Life Journal Lessons- available to individual classroom routine Honor Flight Ceremony	SEL Movie Day Preparation Student Council Preparation CICO Greeter Orientation CICO Teacher System Training	Use of Time Assessment



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PreK-12 Comprehensive School Counseling Program

	Halloween Parade		
November	Stop Walk Talk Instruction SEL Movie Day Parent Conferences PBIS Assembly Play it Safe- Sexual Abuse Prevention	Giving Tree Coordination Student Council Election	
December	School Concert Holiday Reading Night	Data Meetings	
January	Community Contributor Month Community Contributor Assembly x1 PBIS Assembly		
February	Stop Walk Talk Instruction Career Lessons		
March	CV-Tec Field Trip-5 th Career Lessons-5 th Spark Lessons- K-4 Tropical Day event and Coordination	K Registration Systematic Supervision Training for Cafeteria and Recess Staff Panorama Survey Coordination	
April	Spark Showcase Career Lessons/Spark Lessons PreK and K Screening PBIS Assembly	NYS Testing	
May	Honor Flight Ceremony PBIS Assembly Too Good for Drugs (K-5) PreK and K Screening	Data Meetings NYS Testing	Use of Time Assessment
June	Vaping Prevention- 5 th Parent Conferences Honor Flight Ceremony Awards Ceremony Field Day	Class List Formation Meetings	Review data, present to school counseling advisory Council



SARANAC CENTRAL SCHOOL DISTRICT

PreK-12 Comprehensive School Counseling Program

Saranac Elementary

Academic Year: 2023-2024

A minimum of 80% of time recommended for direct and indirect student services and 20% or less in program planning and school support

Month	Delivering		Program Planning and School Support <i>(Defining, Managing, Assessing, Fair-Share Responsibilities)</i>
	Direct Student Services Activities <i>(Include dates of school counseling initiatives or events, classroom and group activities, career or college nights, schoolwide academic support events,</i>	Indirect Student Services Activities <i>(Significant collaborations, leadership and advocacy activities)</i>	
Ongoing Services	Core Curriculum Delivery (PK-5) CICO Coordination Group Counseling Individual Counseling PBIS Coaching/Assemblies TCIS Responder Backpack committee	PBIS Meetings Building and Agency MH meetings Counselor Meetings MH Consultation TCIS Meetings IST Meetings MTSS Meetings Family Consultation Grade Level Meetings Teacher Consultation	
August		Data and Mental Health Collaborative Meetings PBIS Meeting Counselor Meeting Professional Development Day	
September	Open House Student Orientation New Student Lunch Meetings PBIS Booster Minute Meetings Core Curriculum delivery begins	IST starts Check in Check Out (CICO) Coordination Initial BHSN/PSAP meeting Group/Classroom/Individual Scheduling PD Day CICO Greeter Orientation CICO Teacher System Training Systematic Supervision Training for Cafeteria and Recess Staff Custody Orders Review Backpack Program starts	Annual Administrator/Counselor Meeting
October	Mental Health Screener (PK-5) CICO begins	SEL & Walk-to-Learn groups created/scheduled	Use of Time Assessment
November	WTL groups start SEL & lunch groups start Parent Conferences PBIS Assembly Honor Flight Ceremony	Giving Tree and Thanksgiving Basket Coordination	
December	School Concert Holiday Reading Night	Giving Tree Data Meetings	



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January	Community Contributor Month Community Contributor Assembly x2		
February	PBIS Assembly	Data Meetings	
March	PBIS Assembly Tropical Day event and Coordination	K Registration Systematic Supervision Training for Cafeteria and Recess Staff	
April	PreK and K Screening	NYS Testing	
May	PBIS Assembly PreK and K Screening	Data Meetings NYS Testing	Use of Time Assessment
June	Parent Conferences Awards Ceremony Field Day	Class List Formation Meetings	Review data, present to School Counseling Advisory Council



SARANAC CENTRAL SCHOOL DISTRICT

PreK-12 Comprehensive School Counseling Program

Saranac Middle School

Academic Year: 2023-2024

A minimum of 80% of time recommended for direct and indirect student services and 20% or less in program planning and school support

Delivery		
Month	Direct Student Services Activities <i>(Include dates of school counseling initiatives or events, classroom and group activities, career or college nights, schoolwide academic support events, etc.)</i>	Indirect Student Services Activities <i>(Significant collaborations, leadership and advocacy activities)</i>
October	Mix it Up Day Shine On Unity Day Activities (door decorating etc.) Internet Safety Presentation Coffee and Chat with a Counselor	
November	Classroom spelling bees Food Drive Thank you notes to first responders/military Parent-Teacher Conferences RAOK Challenge-World Kindness Day	Report Cards
December	School-wide spelling bee Mindful Minutes 12 Days of Self-Care and Selfies Holiday activities	Holiday collection for families in need
January	'Dare to Fail' guest speaker Chief Club	Report cards Develop at-risk lists Career Fair Planning
February	Weekly RAK challenge Chief Club 6th grade annual progress review meetings Individual meetings with at-risk students	National School Counselors Week Mail out at-risk letters Career Fair Planning
March	6th grade annual progress review meetings 7th grade annual progress review meetings Chief Club	8th grade teacher recommendations solicited Career Fair Planning
April	7th grade annual progress review meetings 8th grade annual progress review meetings/High School Planning Chief Club 8th to 9th grade parent night	Report cards Career Fair Planning
May	8th grade annual progress review meetings/HS Planning Chief Club Career Fair	5th, 6th and 7th grade teacher recommendations solicited Master Scheduling begins
June	5th grade elementary school visits 5th to 6th grade parent/student information night National Junior Honor Society Induction Ceremony Middle School Awards Ceremony	Master Scheduling Solicit recommendations for middle school awards Summer School Report Cards Meet with 5th grade team Accelerated letters



SARANAC CENTRAL SCHOOL DISTRICT

PreK-12 Comprehensive School Counseling Program

Saranac High School

Academic Year: 2023-2024

A minimum of 80% of time recommended for direct and indirect student services and 20% or less in program planning and school support

Month	Delivering		Program Planning and School Support <i>(Defining, Managing, Assessing, Fair-Share Responsibilities)</i>
	Direct Student Services Activities <i>(Include dates of school counseling initiatives or events, classroom and group activities, career or college nights, schoolwide academic support events, etc.)</i>	Indirect Student Services Activities <i>(Significant collaborations, leadership and advocacy activities)</i>	
Ongoing Services	Individual sessions for social and emotional support Individual sessions for academic support and chronic absenteeism New student registrations and tours Check in and check out SEL lessons	Ready4Real ACCESS-VR DSS-PINS and PSAF meetings Referrals for mental health services/PSAF/PINS/other community supports 504/IEP meetings if necessary Attendance meetings Newsletter Counselor Meetings-2x per month RTI meetings Upward Bound PBIS meetings	Professional Development PBIS data analysis PBIS annual surveys Attendance data Discipline data High School Counselor Meetings Saranac Counseling Department Meetings Faculty Advisory Committee Safety Team Meetings NERIC-course catalog and state reporting
July-August	Freshmen Orientation: Review new policies, attendance, discipline, importance of high school	Newsletter Master scheduling Preparing for PBIS Opening Day Goal setting for the following year AP Score Reports to Secretary for Transcripts Reviewing all transcripts Regents Exams Regents Appeals (Aug regents) Schedule change requests via FORMS	Teacher communication for Master Schedule CAP (communication to teachers, and setting up the master schedule with CCC) Review of all AP changes and communication to teachers AP required trainings
September	PBIS Opening Day Individual Progress Reviews for Seniors College Applications SUNY Road Show Freshmen Five Minute Meetings Schedule changes CAP-registration and scholarships SAEBRS	Academic Services enrollment for CV-TEC College applications Letters of recommendation AP registering students	SEL lesson planning PSAT-planning, trainings, student practice sessions AP-complete master form and create class sections for AP teachers Collecting PSAT money
October	Freshmen Five Minute Meetings Individual Progress Reviews for Seniors College Applications	AP information to families and registering students Letters of recommendation	PSAT Testing CAP-teachers review rosters-follow up with students not listed



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November	Individual Progress Reviews for Seniors College Applications	CV-TEC Counselor-Teacher conferences Coryer Staffing – RAMP visit College Applications Parent/Guardian and Teacher Conferences with parent presentations	CAP-emails to remind parents of payment; connecting with CAP Parents that have not paid AP-collecting money AP organizing & ordering
December	College Applications Alumni Panel Financial Aid Night Junior Career Cruising Junior Individual Progress Reviews	Holiday fun day planning Letters of recommendation Letter to parents/guardians about next steps for juniors PSAT score reports Scholarship applications	CAP Student Surveys Requests to teachers for classes they will be teaching next year to offer for course selection
January	Freshmen Career Cruising Junior Individual Progress Reviews	Upward Bound Presentation Regents Exams Scholarship applications	CAP-registration, scholarships
February	CV-TEC Career Day Sophomore Individual Progress Reviews	Academic Excellence Scholarship Reviewing senior transcripts Crary Foundation Meeting Scholarship applications	
March	Freshmen Individual Progress Reviews	CV-TEC Shadowing SAT score reports Scholarship applications	CAP- remind parents of payment, connecting with families that have not paid, teachers review rosters-follow ups with students not listed
April	Freshmen Individual Progress Reviews	CV-TEC Shadowing College nominations for scholarships (juniors) 8 th Grade Parent Night Scholarship applications	CAP Annual Meeting AP Testing Planning
May		DEO Colburn Scholarship Complete Crary Scholarships Applications SAT score reports	AP Testing Building Master Schedule
June	Failing Seniors Eighth Grade Panel Junior Parent/Guardian and Student Night Scholarship Night Graduation	Scholarship Committee Meeting Diploma Types for Graduation Program Regents Exam Failure Reviews Meetings with failing seniors Regents Appeals Reviewing senior transcripts Summer Planning Regents Exams SAT score reports	Building and entering the Master Schedule



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6. Comprehensive School Counseling Plan Delivery Maps

Morrisonville Elementary 2023-2024

Program Activity/Service	Grade	Tier	Standards	Program Objectives	Staff & Resources	Assessment & Evaluation Methods
Core curriculum - Second Step Direct Service	PK-5	1	M: 1-6 B-LS: 1-10, B-SMS: 1-10 B-SS: 1-9	Students will be able to speak and understand common language of the 4 areas and develop skills in each: Skills for Learning, Empathy, Emotion Management and Problem Solving	School Counselor	Pre and Posttest. Full year PreK-5 classes once per 6-day cycle.
Core curriculum - Stop, Walk and Talk Direct Service	K-5	1	M: 1,2,3,6 B-LS: 7,9 B-SMS: 1,2,5,7,9,10 B-SS: 2,5,6,8,9	Students will be able to name and use the 3 steps to deal with disrespect and bullying.	All staff to reinforce Counselor and Psychologist to give basic instruction.	Random Fluency Test. Ask the students to name the stop walk and talk steps. Have them demonstrate. Sample 10% of school.
Core curriculum- Spark Lessons Direct Service	K-5	1	M: 2,4,5,6 B-LS: 1-10 B-SMS: 3,5,10 B-SS: 1-9	Students will be able to identify their passion and understand how it could be useful to the world.	K-5 Staff, School Counselor	Posters created to display spark to staff, students & parents.
Core curriculum- Career Development/ Career Zone Direct Service	5	1	M: 1,2,4,5,6 B-LS: 1-10 B-SMS: 1-6,10 B-SS: 1,3,6,7	Students will assess their career interests. Students will assess their career work values. Students will research careers that match these values and interests.	Counselor, Career Zone	Students will list career and work value 3 letter results and list a career that matches both.
Core curriculum- CVTEC field trip and associated classroom program Direct Service	5	1	M: 4,5,6 B-LS: 1,7,9,10 B-SMS: 1,5,8,10 B-SS: 1,6,8,9	Students will be exposed to the various offerings at CVTEC.	School counselor, 5th grade teachers	Student and staff feedback
Core Curriculum- PBIS Coach/Coordinator Direct Service	K-5	1	M: 1,3,6 B-LS: 4,6,7 B-SMS: 1-10 B-SS: 1-9	Students and staff will name the 4 expected behaviors and follow them throughout the building.	Coaches, PBIS team, all staff, matrix, Brave slips.	Teacher/Student feedback. Brave slip data.
Core Curriculum- Community Contributor Month Direct Service	PK-5	1	M: 1,3,6 B-LS: 2,9,10 B-SMS: 1,8 B-SS: 2,4,5,6,7	Students will have a greater understanding of helping others in the community. Students will participate in a school wide service project.	Counselor and school staff	Teacher/ community / family feedback



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Program Activity/Service	Grade	Tier	Standards	Program Objectives	Staff & Resources	Assessment & Evaluation Methods
Honor Flight Presentation and Advisor Direct Service	4-5	1	M: 3 B-LS: 2,10 B-SMS: 1,2,7,8,10 B-SS: 1, 2,3,4,5,9	Students will be able to sing in Honor Flight ceremonies. Students will learn about veterans and be able to speak to the process of the ceremony and why it is done.	Counselor and Music Teacher	Number of students participating and feedback from parents and Honor Flight officials.
Responsive services- Group Counseling Direct Service	K-5	2	M: 1,2,3,6 B-LS: 3,4,7,8,9 B-SMS: 1-10 B-SS: 1-9	Students will improve targeted skills.	School Counselor	CICO data, Parent/teacher/students feedback, DESSA.
Responsive Services- Individual Counseling Direct Service	K-5	2-3	M: 1,2,3,6 B-LS: 3,4,7,8,9 B-SMS: 1-10 B-SS: 1-9	Students will improve the area identified.	School Counselor	CICO data, Parent/teacher/students feedback, DESSA.
Responsive Services- TCIS Team Member Direct Service	K-5	3	M: 3,6 B-LS: 7,9 B-SMS: 1,4,6,7,9, 10 B-SS: 2,8,9	Be able to participate safely in school life.	All TCIS trained team members	Debriefing after each incident. Monthly and Yearly training.
Responsive Services- CICO Coordinator Direct Service	K-5	2	M: 1,2,3,6 B-LS: 4,6,7 B-SMS: 1-10 B-SS: 2,3,4,8,9	Students will build positive adult relationships. Students will learn to self-reflect on actions and behavior to function productively in and out of school.	School Counselor, CICO Greeters and Teachers	CICO data via PBIS website
Core Curriculum - Spark Showcase Direct Service	5	1	M: 1-6 B-LS: 1-10 B-SMS: 1,2,3,5,10 B-SS: 1,2,4,6,7,9	Students will be able to build presentation and public speaking skills, writing and preparation.	School Counselor and 5 th grade teachers	All 5 th graders will present to the whole school and a night for families.
Responsive Services- RTI data meetings and review Direct Service	K-5	2-3	B-LS: 7,9 B-SMS: 5 B-SS: 1, 6, 8	Students will be placed in best academic responsive services	RTI Staff, Psychologist, Teachers and School Counselor	Data review, teacher feedback
Core Curriculum-Growth Mindset Direct Service	3-4	1	M: 1-6 B-LS: 1-10 B-SMS: 1,2,4,7,10 B-SS: 1,4,5,7,9	Students will be able to understand growth mindset and will be able to take appropriate risk in their learning in order to grow as a person and learner.	School Counselor and Teachers	Teacher/Parent/ Student Feedback
Responsive services -BHSN Mental Health Referrals and Building Coordination Indirect Service	PK-5	3	M: 1 B-SMS:6,7,8,9,10 B-SS: 3,9	Students and families will overcome barriers to learning, build positive relationships and learn functional life skills.	BHSN therapist, School Counselor, School Psychologists	Observation, consultation



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Program Activity/Service	Grade	Tier	Standards	Program Objectives	Staff & Resources	Assessment & Evaluation Methods
Core Curriculum- Play it Safe- Sexual Abuse Prevention	K-5	1	B-SMS: 7, 9 B-SS: 2, 3, 5, 8, 9 B-LS: 1, 8, 9	See curriculum Guide	School Counselor, School Social Worker, and School Psychologist	Observation, Consultation, Student and Staff feedback Pre and Post test results
Responsive services- PSAP worker Coordination Indirect Service	PK-5	3	M: 1 B-SMS: 6,9,10 B-SS:2,3,9	Students and families will overcome barriers to learning and build positive relationships.	PSAP worker, School Counselor and School Psychologists	Family agreement to services and progress in eliminating barriers to learning.
Consultation with Parents, Staff, Administrators and Counselors, and outside agencies. Indirect Service	PK-12	1-3	M: 1-6 B-LS: 1-10 B-SMS: 1-10 B-SS: 1-9	Students and families will overcome barriers to learning, build positive relationships and learn functional life skills.	Staff at all levels, Parents and Administrators	Observation, Consultation
Responsive Services- Referral Services Indirect Services	PK-5	2-3	M: 1 B-SMS: 6,9,10 B-SS: 1,2,3,4	Students and families will overcome barriers to learning, build positive relationships and learn functional life skills.	Parents, Staff, Community agencies.	Observation, Consultation
Core Curriculum Too Good for Drugs- Direct Services	K-5	1	M:1 B-LS: 1,4,5 B-SMS: 1,2,4,5,7,9 B-SS: 5,8,9	See Curriculum Guide	School Counselor and School Psychologist	Perception- Pre and Post Test. Process- 4 weeks at 30 minutes per week
Core Curriculum- Road Runners- Running Club team member Direct Service	2-5	1	M: 1,2,3 B-LS: 4,10 B-SMS: 1-8	Students will set appropriate goals and self-motivate	Various School Staff	Data and their running success. Number of laps. Improvement throughout the year in their ability to run. Number of students who receive their full and half marathon medals.
Giving Tree Indirect Service	PK-5	2	B-SS: 1,2,4	Improve home and school relationships	Counselors, Psychologist, Principal, Admin. Assistant	Number of families served. Number of gifts received.
Backpack Program Coordination Indirect Service	PK-5	2	M: 1	Students will have adequate nutrition on weekends.	Backpack committee	Number of students served.



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PreK-12 Comprehensive School Counseling Program

Saranac Elementary 2023-2024

Program Activity/Service	Grade	Tier	Standards	Program Objectives	Staff & Resources	Assessment & Evaluation Methods
Core curriculum-Second step Direct Service	K-5	1	M: 1-6 B-LS: 1-10 B-SMS: 1-10 B-SS: 1-10	See Curriculum guide	School Counselor, Social Worker, and School Psychologist	Perception-Pre and Post-test. Process 21 Lesson K-5
Core Curriculum Too Good For Drugs Direct Service	K-3	1	M: 1 B-LS: 1,4,5 B-SMS: 1,2,4,5,7,9, B-SS: 5,8,9	See Curriculum guide	CVFC Prevention Specialist	Perception-Pre and post-test. Process-4 weeks 30 minutes per week
Core Curriculum- Stop, Walk, Talk Direct Service	K-5	1	MS: 1,2,3,5,6 B-SMS: 1,2,3,4,7,9, B-SS: 1,2,3,4,5,7,6,9	All staff to reinforce Counselor, Social Worker, and Psychologist to give basic instruction.	School Counselor, Social Worker, and School Psychologist	Random Fluency Test. Ask the students to name the stop walk and talk steps. Have them demonstrate. Sample 10% of school.
Core Curriculum-Spark Lesson Direct Service	K-5	1	B-SS: 1,2,3,4,5,7,8	Students will be able to identify their passion and understand how it could be useful to the world. (Agency)	K-5 Staff, Psychologist Counselor, Social Worker	Posters created to display spark to staff students' parents.
Core Curriculum-Career Zone Direct Service	5	1	M: 6	Students will assess their career work environment interests. Students will assess their career values. Students will research careers that match these values and interest	Computers and counselor	Teacher and student feedback
Core curriculum-CV-Tech field trip and associated classroom program Direct Service	5	1	M: 6	Students will be exposed to the various offerings at CV-Tech.	School counselor, 5 th grade teachers. School bus.	Teacher and student feedback
Tier I activities. Short term Rewards. Long term rewards. PBIS teaching day. Monthly assemblies Direct Service	K-5	1	MS: 1-6 B-LS: 1-10 B-SMS: 1-10 B-SS: 1-9		Building-wide, all staff, posters, videos, rewards	Teacher/Student feedback. Star slip data.
Core curriculum-Quarterly "3 Be Award" Direct Service	PK-5	1	M: 1,3,6 B-SMS: 1-10 B-SS: 5,6,7,9		Videos and lesson ideas posted on schoology. Assembly presentation.	Teacher feedback



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PreK-12 Comprehensive School Counseling Program

					Bulletin board with students of the month displayed.	
Program Activity/Service	Grade	Tier	Standards	Program Objectives	Staff & Resources	Assessment & Evaluation Methods
Core Curriculum- Running club team member Direct Service	2-5	1	M: 1,2,3 B-LS: 4,10 B-SMS: 1-8	Students will set appropriate goals. Students will be self-motivated.	Various school staff	Data and their running success. Number of laps. Improvement throughout the year in their ability to run. Number of students who receive their marathon and 1/2 marathon medals.
Response Services Direct Service	K-5	2	M: 1,3,5,6 B-SMS: 2,5,7	Students will improve targeted skill	School Counselor and School Psychologist	Teacher/counselor feedback
Individual Counseling Direct Service	K-5	3	M: 1-6 B-LS: 1-10 B-SMS: 1-10 B-SS: 1-9	Students will improve the area identified.	Psychologist, School Counselor	Teacher/Counselor feedback
TCIS team member Direct Service	K-5	3	B-SMS: 9	Be able to participate safely in school life.	All TCIS trained team members	Debriefing after each incident.
CICO Direct Service	K-5	2	B-SMS: 1-9	Students will learn to identify appropriate and inappropriate behavior. Students will practice appropriate behavior.	Greeters, CICO coordinator	PBIS rewards kept on each student
Giving Tree Indirect Service	PK-5	2	B-SS: 1, 2, 4	Improve home/school relationships.	Counselors, Psychologist, Principal, Secretary.	Number of families served. Number of gifts received.
Backpack Program Coordinator Indirect Service	PK-5	2	M: 1	Students will have adequate nutrition on weekends.	Backpack committee	Number of students served.
Mental Health Clinic Coordinator Indirect Service	PK-5	3	M: 1,3 B-SMS: 6,7	Students and families will overcome barriers to learning, positive relationships, and Success.	BHSN therapist	Observation, consultation.
PSAF worker Coordinator Indirect Service	PK-5	3	M: 1	Students and families will overcome barriers to learning, positive relationships, and success.	PSAF Case Manager	Observation, consultation.
Consultation with Parents, Staff and administrators and Counselors, and outside agencies.	PK-12	3	M: 1, 2, 5, 6	Students and families will overcome barriers to learning, positive	Staff at all levels, Parents and	Observation, Consultation



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PreK-12 Comprehensive School Counseling Program

Indirect Service				relationships, and Success.	Administrators	
Referrals Indirect Service	PK-5	2-3	M: 1	Students and families will overcome barriers to learning, positive relationships, and Success	Parents, Staff, Community agencies.	Observation, Consultation



SARANAC CENTRAL SCHOOL DISTRICT

PreK-12 Comprehensive School Counseling Program

Saranac Middle School 2023-2024

Program Activity/Service	Grade	Tier	Standards	Program Objectives	Staff & Resources	Assessment & Evaluation Methods
Individual Progress Review 40 minutes/student April-May Direct Service	8	1	M: 2, 4, 5, 6 B-LS: 4 B-LS: 7 B-SMS: 5	Students will have a clear understanding of: *their academic strengths and weaknesses *their interests and abilities *their proposed HS program for 9th grade and subsequent years *some tentative post HS plans and careers	Counselor Annual review form Student records HS course planning form HS course credit requirements CV-TEC program form	Meet individually with 8th graders Go over current academic standing, interests and future plans Complete annual review form Complete proposed course selection 4-year planning sheet
Individual Progress Review 40 minutes/student March-April Direct Service	7	1	M: 2, 4, 5, 6 B-LS: 4, 7 B-SMS: 5	Students will consider their *interests, abilities, academic strengths and weaknesses *courses they will take in 8th grade *some tentative post MS plans *some discussion on post HS plans	Counselor Annual review form Student records Student report card Teacher recommendations Course selection sheet for 8th grade	Meet individually with 7th graders Go over current academic standing, interests and future plans Discuss proposed 8th grade courses Complete annual review form
Individual Progress Review 40 minutes/student February-March Direct Service	6	1	M: 2, 4, 5, 6 B-LS: 4, 7 B-SMS: 5	Students and parents will understand which courses the student will take in 7th grade. Students will give some thought and discussion to their *interests, abilities, academic strengths and weaknesses and future goals for MS into HS	Counselor Annual review form Student records Student report card Teacher recommendations Course selection sheet for 7th grade Foreign Language choice sheet	Meet individually with 6th graders Go over current academic standing, interests and future plans Discuss proposed 7th grade courses Complete annual review form
Individual Counseling to assist students with academic, career or social/emotional concerns September-June Direct Service	6-8	2-3	M: 1-6 B-LS: -7, 9, 10 B-SMS: 1-10 B-SS: 1-10	Students will show an improvement of specific concerns addressed in individual counseling. Students will show an increase in appropriate behavior, attendance and grades	Counselor	Student, Parent, Faculty, Administrative reports/observations. Data showing improvement in behavior, attendance, academics
Classroom Curriculum Monthly: September-June Direct Service	6	1	M: 1, 2, 5, 6 B-LS: 1 B-SMS: 2, 7 B-SS: 2, 4, 5, 6, 9	Students will be able to effectively learn and apply the skills, attitudes and behaviors taught in the program. They will rise up to the challenge of being a middle school student.	Counselor Second Step Grade 6 Stepping Up program	Teacher observation Pre/Post test Student feedback



SARANAC CENTRAL SCHOOL DISTRICT

PreK-12 Comprehensive School Counseling Program

Program Activity/Service	Grade	Tier	Standards	Program Objectives	Staff & Resources	Assessment & Evaluation Methods
Classroom Curriculum Monthly: September-June Direct Service	7	1	M: 1, 2, 5, 6 B-LS: 7, 9 B-SMS: 2, 5, 7, 9,10 B-SS: 2, 4, 5, 6, 7, 8, 9	Students will be able to effectively learn and apply the skills, attitudes and behaviors taught in the program. They will engage positively in life and school by staying in control and making good decisions.	Counselor Second Step Grade 7 Stepping In program	Teacher observation Pre/Post test Student feedback
Classroom Curriculum Monthly: September-June Direct Service	8	1	M: 1, 2, 5, 6 B-LS: 7, 9 B-SMS: 2, 5, 7, 9, 10 B-SS: 2, 4, 5, 6, 7, 8, 9	Students will be able to effectively learn and apply the skills, attitudes and behaviors taught in the program. They will have a focus on leadership and goal setting.	Counselor Second Step Grade 8 Stepping Ahead program	Teacher observation Pre/Post test Student feedback
Group Counseling to assist students with academic, career or social/emotional concerns September-June Direct Service	6-8	2	M: 1-6 B-LS: 1-7, 9, 10 B-SMS: 1-10 B-SS: 1-10	Students will show an improvement of specific concerns addressed in individual counseling. Students will show an increase in appropriate behavior, attendance and grades	Counselor Group counseling curriculum	Student, Parent, Faculty, Administrative reports/observations. Data showing improvement in behavior, attendance, academics
Career Fair May Direct Service	8	1	M: 1-2, 4-6 B-LS: 1, 4, 7, 9, 10 B-SMS: 1-5 B-SS: 1, 3, 9	Students will be exposed to various career opportunities and begin exploring career interest	Counselor FACS Teacher Outside community career vendors Student request letters	Student observation/conversations, student and career vendor surveys
Career Café Monthly/Sept-June Direct service	7	1	M: 1, 2, 4-6 B-LS: 1, 4, 7, 9, 10 B-SMS: 1-5 B-SS: 1, 3, 9	Students will be exposed to multiple careers by engaging with experts in the field who will share the ins and outs of their career, while teaching students the necessary steps to take that career pathway in the future.	Counselors Career interest inventory Community members	Student input and vendor feedback
Peer Mentoring Program Bi-weekly/Sept.-June Direct Service	6-8	2	M: 1-6 B-LS: 1, 3, 7 B-SMS: 6, 7, 8, 10 B-SS: 2, 6, 8, 9	Students will engage in meetings with high school mentors to discuss a variety of topics related to academics, career, and social/emotional.	High school teachers and students	Student feedback and teacher observation
Crisis Counseling As Needed Sept.-June Direct Services	6-8	3	M: 1-6 B-LS: 1,7,9 B-SMS: 1,2,7,8,9,10 B-SS: 8,9	Students will demonstrate a decrease in target behavior and/or intense emotional response	Counselor Psychologist BHSN Therapist PSAF/PINS Caseworker	Observation



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Consultation with Outside Agencies	6-8	2-3	M: 1-3, 5-6 B-LS: 1, 3, 4, 6-10 B-SMS: 1-10 B-SS: 1-9	At risk students will demonstrate an increase in attendance and grades and a decrease in referrals, improvement in social-emotional state.	School Counselors Administration Teachers School Nurse Parents Student Community Agencies	Student parent and teacher reports, observations Forms (i.e. rating scales etc.)
Consultation with Families	6-8	1-3	M: 1-6 B-LS: 1, 3-10 B-SMS: 1-10 B-SS: 1-10	Parents/Families will demonstrate an increased awareness in child's school progress and necessary information to improve student achievement.	School Counselors Parents Teachers	Student attendance Behavior data Observations Academic Improvement Family involvement
Positive Behavioral Interventions and Supports (PBIS)	6-8	1	M: 1-3, 5-6 B-LS: 1, 4, 6-8,10 B-SMS: 1,2,4-7,9 B-SS: 2-7,9	Improvement in positive student behaviors. Decrease in discipline referrals, increase in student involvement. Improved school climate, improved attendance, improved grades	All School Staff Students Parents Community	Student input discipline referrals attendance data family involvement monthly meetings observations
Check-In Check-Out (CICO)	6-8	2-3	M: 1,2, 4-6 B-LS: 3,4,6,7 B-SMS: 1,2,4-7,9,10 B-SS: 1,3,5,6,8,9	Improvement in positive student behaviors. Decrease in discipline referrals, improved grades, improve student self-discipline	School Counselors Teachers Students Parents	Observation CICO Form Teacher feedback improved grades decreased referrals
Response to Intervention (RTI)	6-8	2-3	M: 1,2, 4-6 B-LS: 3,4,6,7 B-SMS: 1,2,4-7,9,10 B-SS: 1,3,5,6,8,9	Improvements shown in academic grades, Iready scores, improved attendance, decrease in inappropriate classroom behaviors	RTI Committee (teachers, counselors, administration) Parents	Iready scores grades observations
Quarterly Newsletters	6-8	1	M: 1-6 B-LS: 1-10 B-SMS: 1-10 B-SS: 1-9	To educate, inform, engage students and families on academic, social-emotional and career topics throughout the year	School Counselors	Observation Feedback Family involvement
Scheduling	6-8	1	M: 1-6 B-LS: 7,8,10 B-SMS: 5 B-SS: 8	To ensure students are receiving appropriate courses based on NYS Education standards/curriculum	School Counselors Teacher recommendations CSE Office/IEPS	Academic Transcript Feedback



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Saranac High School 2023-2024

Program Service/Activity	Grade	Tier	Standards	Program Objectives	Staff & Resources	Assessment & Evaluation Methods
Monthly newsletters Indirect Service	9th-12th	1	ASCA Mindset and Behavior Standards: M3, M4	Students and parents will be informed of school counseling monthly information. For example: SAT/ACT dates, events occurring in the counseling office that month, and other significant information regarding college, course selection, SEL etc.	School counselors	Communication with all families to ensure we are building positive and sustainable relationships.
Response To Intervention Meetings (consultation) Indirect Service	9th-12th	2, 3	ASCA Mindset and Behavior Standards: B-LS7, B-LS9	Students will be academically successful in passing regents courses and exams	School counselors, teachers, and administration	Final averages, Regents exam scores, teacher recommendations
Freshmen Orientation Direct Service	9th	1	ASCA Mindset and Behavior Standards: B-SS 1, B-SS 2, B-SS 3, B-SMS 10	Students and parents/guardians will become acclimated to the building, will learn important policies regarding attendance, discipline, learn about extracurricular offerings, and begin developing relationships with upper classmen and teachers	School counselors, teachers, and administration	Parent/Guardian, student, and teacher feedback
Importance of Freshman year and graduation requirements (delivered at Freshmen Orientation) Direct Service	9 th	1	ASCA Mindset and Behavior Standards: M4	Student will better understand the importance of a transcript, goal setting, staying on track educationally, etc.	School counselors	Student feedback
Regents June/August failure requires generation of lists Indirect Service	9th-12th	2	ASCA Mindset and Behavior Standards: B-LS 9	Students will be able to retake Regents exams	School counselors, teachers, and administration	Regents Exam Scores and Final Averages
Individual Progress Reviews Direct Service	12 th	1	ASCA Mindset and Behavior Standards: M4	Students will identify post-graduation plans and complete appropriate tasks according to each individual plan	School counselors	Senior Exit Surveys
Career Unit (classroom instruction) Direct service	9 th	1	ASCA Mindset and Behavior Standards: M4	Students will complete a career interest inventory and explore career options along with education needed	School counselors and teachers	Completed interest inventory and research project
SUNY Roadshow Direct Service	12 th	1	ASCA Mindset and Behavior Standards: M6	Students will understand the college application process and the SUNY system	School counselors and SUNY admission representatives	Student and admission representative feedback



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Program Service/Activity	Grade	Tier	Standards	Program Objectives	Staff & Resources	Assessment and Evaluation
College Admission Representative Meetings Direct Service	11 th and 12 th	2	ASCA Mindset and Behavior Standards: M6	Students will participate in meetings with college admission representatives to learn about post-secondary options	Admission representative and school counselors	Student and admission representative feedback
Ready4Real classroom presentation and meetings Direct Service	9 th -12 th	3	ASCA Mindset and Behavior Standards: M5, M6, BLS7	Soft skills career units in business education classes as well as individual meetings for students to identify and work towards post-secondary goals	School counselors, teachers, and outside professionals	Student feedback, ability to complete additional training opportunities, and to get job placement
Junior Parent/Guardian and Student Night Direct Service	11th and parents/guardians	1	ASCA Mindset and Behavior Standards: M4, B-SMS 1, B-LS 9	Students and parents/guardians will understand graduation requirements, and college application process as well as career options	School counselors	Parent/guardian and student feedback
College Applications Direct Service	12th	2	ASCA Mindset and Behavior Standards: M4	Students will apply to college by specific deadlines	School counselors	Students will complete the required documentation to attend college.
Financial Aid Night Direct Service	12th	1	ASCA Mindset and Behavior Standards: M4	Students and Parents/Guardians will complete financial aid documents and learn about scholarships for higher education.	School counselors and outside professionals	Parent/guardian and student feedback
Junior college planning (classroom instruction) and Career Cruising Assessment Direct Service	11th	2	ASCA Mindset and Behavior Standards: M4	Students will be able to review PSAT score reports, identify resources for college and career planning, review graduation requirements, and complete career assessment	School counselors and teachers	Student feedback
Coryer Staffing/RAMP Classroom Presentation Direct Service	12th	2	ASCA Mindset and Behavior Standards: M4, BSS 3	Students will learn about outside career resources for life after graduation	School counselors and outside professionals	Student feedback
Individual Progress Reviews Direct Service	9 th -11 th	2	ASCA Mindset and Behavior Standards: M4, BLS 7	Students will review their transcript, review career cruising results, plan for college and/or career options and select courses	School counselors	Student feedback
CV-TEC Career Day Direct Service	10th	2	ASCA Mindset and Behavior Standards: BLS10	Students will learn about CV-TEC programs and career opportunities. Students will be able to shadow three programs to see what they enjoy.	School counselors	Student feedback, student enrollment and completion of CV-TEC programs
Career Connect Field Trip Direct Service	9th	2	ASCA Mindset and Behavior Standards:	Students will have the opportunity to meet with professionals in our community	School counselors and teachers	Student feedback



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Program Service/Activity	Grade	Tier	Standards	Program Objectives	Staff & Resources	Assessment and Evaluation
Career Day Direct Service	11 th -12 th	2	M4, BLS9, BLS10	that link up with their career clusters		
Career Day Direct Service	11 th -12 th	2	ASCA Mindset and Behavior Standards: M4, BLS9, BLS10	Students will take advantage of the middle school career fair. They will meet possible employers and community resources in multiple career fields	School counselors (middle & high)	Student feedback/vendor feedback
Freshmen Five Minute Meetings Direct Service	9 th	2	ASCA Mindset and Behavior Standards: BLS7, BSMS10, BSS3	Students will meet with their school counselor at the beginning of the year to learn where their office is, identify strengths, areas of interest, and share how the transition has been from middle school	School counselors	Student feedback/exit survey
Mental Health Presentation Direct Service	10 th -12 th	2	ASCA Mindset and Behavior Standards: BSMS8, BSMS9, BSMS10	Discuss mental health stats in health class during mental health unit. Share school and community resources.	School counselors	Student feedback
Screenagers: Substance Abuse Presentation Direct Service	10 th -12 th	1	ASCA Mindset and Behavior Standards: M1, BSMS9	Students will learn about the relationship with media and substance use and abuse.	Teachers and school counselors	Student feedback/classroom lessons
Screenagers: Community Event Direct Service	9 th -12 th and families	1	ASCA Mindset and Behavior Standards: M1	Community event for students and families to educate about social media and screen use and the relationship with mental health and substance	School counselors	Student and parent/guardian feedback
LGBTQIA+ Group Direct Service	9 th -12 th	2	ASCA Mindset and Behavior Standards: M2, BSS2, BSS8, BSS10	A space for students to connect, feel safe, and advocate for their needs	Student advocate and school counselors	Student feedback
SAEBRS Indirect Service	9 th -12 th	1	ASCA Mindset and Behavior Standards: M1	Social emotional screener for all students to use as an additional piece of data in supporting students and identify students needing support	School counselors	Screener
Circles Direct Service	9 th -12 th	2	ASCA Mindset and Behavior Standards: M2, BSS2, BSS3, BSS4, BSS9, BSS10	Opportunities for students to connect with each other and a place for all students to have a voice	School counselors, student advocate, and school psychologist	Student Feedback and observation
Holiday Fun Day Direct Service	9 th -12 th	1	ASCA Mindset and Behavior Standards: M2, M3	Community day for all students and staff to improve relationships and have fun	School counselors and all faculty and staff	Student and staff feedback



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Counseling Referrals Indirect Service	9 th -12 th	3	ASCA Mindset and Behavior Standards: M1	Referrals made to outside counseling supports for long-term counseling	School counselors and school psychologist	Family and student feedback and provider feedback
Champlain Valley Family Center Referrals for substance use and abuse Indirect Service	9 th -12 th	3	ASCA Mindset and Behavior Standards: M1, BSMS1, BSMS7, BSMS9	Referrals made for outside substance abuse counseling	School counselors, school psychologist, and administration	Reduction in referrals for substance use, student, and provider feedback
Department of Social Services Preventative (PSAF) and PINS referrals Indirect Service	9 th -12 th	3	ASCA Mindset and Behavior Standards: BSMS1	Referrals made for preventative services as well as persons in need of supervision	School counselors and school psychologist	Discipline and attendance data
Truancy meetings Direct Service	9 th -12 th	3	ASCA Mindset and Behavior Standards: M1, M6, BLS4, BLS7, BSMS1, BSMS5, BSMS6	Meetings with students and parent/guardians when absences	School counselors, school psychologists, and administration	Attendance data
Upward Bound Indirect	9 th -12 th	2	ASCA Mindset and Behavior Standards: M6, BLS7, BLS8, BLS10	Support to complete and advanced regents diploma curriculum and outside opportunities to continue to college	School counselors and Upward Bound counselor	Graduation data, academic data
Check in/Check out	9 th -12 th	2	ASCA Mindset and Behavior Standards: M1, M3, M4, M5	Improvement in positive student behaviors. Decrease in discipline referrals, improved grades, improve student self-discipline	Student advocate and faculty/staff	Attendance data, referral data, observation
Food Pantry Direct Service	9 th -12 th	3	ASCA Mindset and Behavior Standards: M1	Provide food and necessary items to food insecure students	Outside provider	Student feedback
Positive Behavioral Interventions and Supports (PBIS) Indirect Service	9 th -12 th	1	ASCA Mindset and Behavior Standards: M1, M2, M3 BLS6, BSMS1, BSMS2, BSMS4, BSMS9, BSS2, BSS3, BSS6, BSS9	Improvement in positive student behaviors. Decrease in discipline referrals, increase in student involvement. Improved school climate, improved attendance, improved grades	Faculty and staff and students	discipline referrals, and attendance data
Scheduling	9 th -12 th	1	ASCA Mindset and Behavior Standards: BLS8	Create schedules based on graduation requirements and meeting post-secondary needs	School counselors and administration	Graduation data



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8 th Grade Panel	10 th -12 th	1	ASCA Mindset and Behavior Standards: M4	Answer questions about high school to ease fear and anxiety and prepare for what is expected	School counselors and selected students	Student feedback